



Certificate of Completion



This certifies that
Carissa Kretschmer
has successfully completed the following course:

**Certificate in Stretching & Flexibility.
Fundamentals & Physiology of Flexibility, plus
Advanced Application of Assisted Stretching Techniques.**

Date of Completion: October 19, 2023
Providing Organization: The Stretching Institute
460 Main Avenue Suite 3208, Wallington, NJ 07057

ACE Course ID: CEP262812; 2.30 CEC's
AFAA Provider Number: 12853; 13 CEU's
ISSA Provider Number: 22-002; 20 CEU's
NASM Provider Number: 12852; 1.3 CEU's
NCBTMB Provider Number: 1000394; CE Hours 6
NSCA Activity Code: L1548-HS2101; CEU's 0.9 in Category C

Brad Walker
Course Creator &
Principal Instructor



Certificate of Completion



This certifies that
Nicholas Kretschmer
has successfully completed the following course:

**Certificate in Stretching & Flexibility.
Fundamentals & Physiology of Flexibility, plus
Advanced Application of Assisted Stretching Techniques.**

Date of Completion: September 4, 2024
Providing Organization: The Stretching Institute
460 Main Avenue Suite 3208, Wallington, NJ 07057

ACE Course ID: CEP262812; 2.30 CEC's
AFAA Provider Number: 12853; 13 CEU's
ISSA Provider Number: 22-002; 20 CEU's
NASM Provider Number: 12852; 1.3 CEU's
NCBTMB Provider Number: 1000394; CE Hours 6
NSCA Activity Code: L1548-HS2101; CEU's 0.9 in Category C
ThinkTree: 15 CPD Course Points

BRAD WALKER
Brad Walker
Course Creator &
Principal Instructor